

WORKSHOP ON GRIEF & BEREAVEMENT CARE 13-14 DECEMBER 2025

Saturday, 13 December 2025: Day 1

0845-0900	Registration
0900-0910	Welcome and Brief Introduction
0910-1000	Introduction and Sharing of Expectations – Prof. Amy <i>Exercise 1: Getting to know you</i> <i>Big Group Sharing</i> <i>Intro of the content of training</i> <i>Responding to uncovered topics</i>
1000-1030	Conceptualization of Grief – Prof. Amy <i>Exercise 2: My experiences with Grief</i> <i>Mini Lecture</i>
1030-1100	Conceptualization of Bereavement Care – Dr. Margaret <i>Mini Lecture</i>
1100-1115	Coffee
1115-1145	Pre-Death Grief – Dr. Margaret <i>Lecture</i>
1145-1230	Pre-Death of Bereavement Care – Dr. Margaret <i>Individual & Family & Group</i>
1230-1245	Questions & Answers
1245-1345	Lunch
1345-1500	Bereavement Care at the moment of Death – Prof. Amy <i>Exercise 3: Challenges in facing death</i> <i>Mini Lecture</i> <i>Exercise 4: Role Plays</i>
1500-1545	Assessment of Bereavement Risk – Prof. Amy <i>Mini Lecture</i> <i>Exercise 5: Case Study</i>
1545-1600	Tea
1600-1645	Assessment of Bereavement Outcomes - Prof. Amy <i>Mini Lecture</i>
1645-1700	Questions & Answers

Sunday, 14 December 2025: Day 2

0845-0900	Registration
0900-0930	Engagement with Bereaved Persons – Dr. Margaret <i>Mini Lecture or Exercise</i>
0930-1000	ADAPTS Model of Bereavement Care – Dr. Margaret <i>Mini Lecture</i>
1000-1030	McKissock Interview Process for Outcome & Need Assessment – Prof. Amy <i>Role Play Demonstration (Video)</i>
1030-1045	Coffee
1045-1200	Role Play McKissock Interview – Prof. Amy <i>Exercise 6 (Role Play)</i> <i>Engagement</i> <i>Exploration</i> <i>Facilitation</i>
1200-1230	Working with Anomalous Emotion – Dr. Margaret <i>Depressed Mood</i> <i>Anxiety</i> <i>Guilt</i>
1230-1245	Questions & Answers
1245-1345	Lunch
1345-1415	Working with Dysfunctional Cognition – Dr. Margaret <i>Exercise 7: Scenario Discussion</i> <i>Mini Lecture</i>
1415-1445	Working with Adjustment Challenges – Dr. Margaret <i>Exercise 8: Adjustment Challenges</i> <i>Mini Lecture</i>
1445-1500	Working with Physical Symptoms – Dr. Margaret
1500-1515	Tea
1515-1530	Working with Traumatic Distress – Prof. Amy
1530-1545	Working with Separation Distress – Prof. Amy
1545-1645	Case Sharing & Discussion
1645-1700	Evaluation